

1. About you, the carer (Not the person being cared for)

Title First name Last name

Full address (including postcode)

Telephone Email

Person you care for Relationship to you

How long have you cared for them? Their age Your age

Diagnosis or diagnoses of the person you care for

(This section must be completed)

Detail up to three practical examples of the type and level of care you provide, and why

Please give enough detail to explain the challenges you face.

2. Eligibility

To help us direct support to carers most in need, please tick the statement that applies to you and complete the box below.

☐ I receive benefits. List all benefits below (state pension counts as a benefit).

☐ I do not receive benefits, but cannot afford a break without support. Explain your situation below.

Alternative care arrangements while you are away (and who will provide them)

3. Preferred location

Choose 1, 2 or 3 in order of preference. If you only want one site, select 1. If you have no preference, tick the final box.

☐ Aelwyd Alex, North Wales ☐ Joanna's Cottage / Phil's Place, Cornwall ☐ Eilene's Retreat, Yorks

☐ Any of the four locations - no preference

A £50 no-show/damage/cleaning/short-notice cancellation deposit is required
for all bookings at least 8 weeks before departure. Please send no money now.

4. Available weeks (Saturday to Saturday) **Tick every week you could definitely attend.**

w/c 20/3	w/c 27/3	w/c 3/4	w/c 10/4	w/c 17/4	w/c 24/4	w/c 1/5	w/c 8/5	w/c 15/5	w/c 22/5	w/c 29/5
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
w/c 5/6	w/c 12/6	w/c 19/6	w/c 26/6	w/c 3/7	w/c 10/7	w/c 17/7	w/c 24/7	w/c 31/7	w/c 7/8	w/c 14/8
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
w/c 21/8	w/c 28/8	w/c 4/9	w/c 11/9	w/c 18/9	w/c 25/9	w/c 2/10	w/c 9/10	w/c 16/10	w/c 23/10	w/c 30/10
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

The more weeks you select, the more likely we can offer you a break. School-holiday weeks are the busiest (often four times oversubscribed). Selecting only one busy week at one location makes an offer much less likely.

Please be sure you can use the weeks you have chosen. If you are offered a week that you have chosen and decline it, your application will go to the back of the queue for an alternative week.

APPLICATION FOR A CARERS' BREAK 2027

If we cannot accommodate you, would you like to join our cancellation list for a short-notice opportunity? There is no obligation to accept a break offered.

☐

Have you, or anyone in your immediate family, received a grant or free carers' break from The Respite Association before?

☐ Yes☐ No

If yes, approximate year/date

Where did you hear about us?

5. Your party

Please list a maximum of **three proposed guests** you would wish to take with you if you are offered a break. You may take up to **one other adult (aged 16+)** and **two children**. Children must be **over the age of 3 and under the age of 16**.

None of the proposed guests may be the person or people being cared for. In addition, none of the proposed guests may have benefited from a break with us, either as a lead applicant or as a guest on another application, or received an Alternative Care Grant from us, within the previous **18 months**.

You must provide the **full name, age and address** of each proposed guest. **Unauthorised guests** are not permitted on any of our sites at any time, including as day visitors, due to site safety and security requirements. Please therefore ensure that you complete this section carefully.

	Age	Address of other guests, if different from yours
Additional adult		
Child (if applicable)		
Child (if applicable)		

If The Respite Association can assist, you will receive a formal offer letter or email requiring written acceptance. The letter must be countersigned by someone who can vouch for your application's suitability, such as a doctor, district nurse, social worker or charity worker. If another registered charity referred you, one of its officers may countersign.

PLEASE NOTE

The facilities are not wheelchair accessible or pet friendly. Transport is not included and all breaks are self-catering. In exceptional circumstances, we may be able to help with train or bus fares, or petrol.

6. Data protection and privacy declaration

The Respite Association requires the information requested on this form solely to decide whether a Free Carers' Break can be provided. Without it, we cannot process an application. Information will not be transferred to a third party unless required for due diligence or by law, and it will be stored securely. By applying and signing this form, you give The Respite Association permission to hold and use your information as described. Full copies of the Privacy Policy and Data Protection Policy are available on our website, and paper copies can be requested from our office.

If your application is approved and you correctly complete the required Carers' Break Acceptance Form, we will share your name, partial address, details of everyone included in your party, and your mobile phone number with the relevant holiday park. This information is shared for site security and safety purposes, so the holiday park knows who is staying on site and can contact you if necessary, including in the event of an emergency.

Authority to retain information

I have read and understood The Respite Association's declaration about retaining and using the personal information in this form, and I give permission for it to be retained and used as described.

Signed*:

Print name

Date

*If emailing this form, you do not need to sign it.

Email completed forms to holidays@respiteassociation.org or post to:

Highfield Barn, Lewdown, Okehampton, EX20 4DS

If a Free Carers' Break is approved, an acceptance form will be emailed to you. It must be printed, signed, countersigned by someone with an official email (such as a GP, nurse or social worker), and returned by post.

If you cannot print the form and would prefer to receive it by post, tick here: ☐