THE RESPITE ASSOCIATION TRUSTEES' REPORT AND ACCOUNTS FOR THE YEAR ENDED 31ST Dec 2014

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CHARITY INFORMATION

Trustees: Mr John Turner MInstF (Dip) - Hon. Chair

Dr Alastair I Bell MBBS, DFFP - Hon. Secretary

Mrs Catherine Scaife – Hon. Treasurer Mrs Katherine Turner MInstF (Dip)

Mrs Carole Bell

Charity Number 1086598

Charity Offices Greystones

4 Low Gate Lane

Bicker Boston

Lincs PE20 3DG

Independent Examiner Mrs A King

2, Townhead Cottages

Hilton

Appleby in Westmorland Cumbria, CA16 6LU

Bankers (Main Acct) NatWest Bank plc

10 Market Place

Boston Lincs. PE21 6EJ

Bankers (Reserve Acct) Scottish Widows Bank plc

PO Box 12757, 67, Morrison Street

Edinburgh EH3 8YJ

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST Dec 2014

The Trustees present their report and accounts for the year ended 31st December 2014.

Trustees

Trustees who served during the year were as follows: -

Mr John Turner MInstF (Dip) who holds the office of Hon Chairman. Dr Alastair I. Bell MBBS, DFFP who holds the office of Hon. Secretary Mrs Catherine Scaife who holds the office of Hon Treasurer Mrs Katherine Turner MInstF (Dip) Mrs Carole Bell Appointment of Trustees is governed by the Constitution of the Charity.

Investment Powers

The Constitution authorises the Trustees to make and hold investments using the general funds of the Charity, but no such investments are presently held.

Structure, governance and management

The Charity is established by written constitution and its objects are:

The relief of sickness and poverty of elderly, disabled, sick or infirm persons, and their carers, within the United Kingdom, by offering assistance to enable those in need to secure Respite Care.

The policy of the Charity continues to be to seek additional finance and support to run the Charity for the benefit of current and future beneficiaries. The Trustees delegate the day-to-day responsibility for managing the Charity to the Chief Executive/Administrator Mr Preston Keeling FInstF.

The Charity was registered with the Charity Commission on May 16th 2001.

Reserves

The policy of the Trustees as adopted on December 19th 2004 is to work toward the building of Reserves which it is anticipated would be equal to the likely expenditure of the Charity for a period of six months, this sum is currently estimated to be £50,000 (reviewed annually). Actual Reserves at the commencement of the year covered by this Report stood at £33,098, and at the end of the 2014 Financial Year the amount held in that account, including interest, stood at £38,235. The reserve account is operated through Scottish Widows Bank plc.

Objectives and Summary of activities in their support

As described in our Governing document the objectives of the Charity remain as follows:

The relief of sickness and poverty of elderly, disabled, sick or infirm persons, and their Carers, within the United Kingdom, by offering assistance to enable those in need to secure Respite Care.

In support of the above objectives our main activities during this reporting/accounting period have continued to involve us enabling Carers to obtain alternative care, either in the home or via residential provision, for the person or persons (almost always a close family member) for whom they normally provide assistance so that they may take a much needed break to recharge their batteries. We continue to work closely with a number of other charities and with an increasing number of various Statutory Authorities, whilst ensuring that our help is in <u>addition</u> to their funding <u>not</u> a replacement.

Achievements and performance

This year saw the charity achieving its objectives in a number of ways key amongst which were.

Once again we were delighted to be able to support an increased number of Carers to obtain that
much needed break from their caring role, with an increase over the previous year of 7%. The
breaks also enabled many of the Carers to maintain some level of normality in their lives, as it is
all too easy for them to become socially isolated. Our files now contain many letters of thanks
from Carers who say that without the kind of support we offer they would not have been able to
continue.

- Although our main activity by far remains supporting the provision of a suitable alternative Carer so that the usual Carer can have a well-earned break, we continue to also develop our smaller 'Free Holiday for Carers' scheme. Thanks to the support of a number of generous donors in 2013 and 2014 we were able to purchase our second holiday caravan in the spring of 2014. This second unit is sited at the Newton Hall Holiday Park in Staining just outside Blackpool a location that enables us to offer holidays to a wider geographic spread of Carers. As before some of the families we were able to help had several children one of whom was heavily disabled requiring a very high level of attention from the parents. We are now able to help, not only with some alternative provision for the disabled child (thereby freeing up time for the parents), but are able to offer the family a break during which they can spend some real quality time with the able bodied child/children who often get inadvertently overlooked.
- The late summer of 2014 saw us producing a promotional video that will make it possible for us to far more widely publicise the services we offer to Carers. The video is featured on our revamped and much improved website (another achievement this year) and is already being used by our staff when doing public presentations. To a lesser extent it is also hoped that the video will act as a fundraising tool.
- We were absolutely delighted when, following an approach by our Chair, Miss Joanna Lumley kindly agreed to provide the voice over narration for our new video, donating her services without charge. We were even more delighted when Miss Lumley agreed to become the Patron of our Charity.
- Throughout the year we have been very fortunate in having the support of some very generous and kind donors, resulting in 2014 being our record year for income. We are especially grateful to the staff of Oldrids and Downtown stores (based throughout Lincolnshire) for choosing us as their 'Charity of the Year' 2014.

Planned actions for 2015

It remains our intention to continue bringing relief to as many individuals and families through respite care provision as we can throughout the coming year. We continue to concentrate on maintaining and further developing the provision of direct assistance to Carers in what we expect to be difficult financial circumstances during 2015. April 2015 will see the introduction of The Care Act and we anticipate that the changes this will bring about will have two obvious impacts upon our Charity. Firstly, we are likely to receive far more calls from Carers wanting advice on how they are affected by the changes the Act will bring to the way in which they are dealt with by their Local Council. Secondly, Local Authorities are now likely to carry out a significantly increased number of assessments of individual Carers' needs than previously. Whilst this is good news; it is doubtful that enough funding will be available for the identified needs (especially relating to respite) which is no doubt why the Act allows Councils to charge for services. We therefore anticipate an increased number of applications coming to us during the second half of 2015 and beyond.

Statement of Public Benefit

The Trustees of the Respite Association have complied with their duty to have due regard for the Charity Commission's public benefit guidance. The work of the Respite Association benefits significant numbers of Carers, these being persons who are caring for someone who is terminally ill, long-term sick/physically or mentally disabled. The Charity helps Carers without any bias regarding sex, age, religion or ethnicity. The help provided benefits not only the Carer but frequently the whole of their family. Many Carers of young disabled or sick children have other children who are unintentionally given less attention than the parents would themselves prefer to be the case due to the needs of the other child, our Respite Care breaks allow the parents to spend quality time with such children. The provision of a Respite Break for a Carer also has a beneficial effect for the person who they usually care for who may otherwise become distressed at the degree of stress (physical and mental) the Carer maybe be suffering.

Approval

The Trustees approved this report on Sunday 15th March 2015 and it was signed on their behalf by:

John Turner MInstF (Dip)
Trustee & Hon. Chairman

DONATIONS RECEIVED DURING THE 2014 FINANCIAL YEAR

Our sincere thanks go to the following organisations for their much appreciated financial support during 2014. We also send our thanks to those organisations that asked not to be named publicly.

Robert McAlpine Foundation

A & S Lass Charities

Alchemy Foundation

Ardwick Trust

Armourers & Brasiers Gauntlet Trust

Baron Davenport' Charity

Belway Homes

Bisgood CT

Boston Ladies Circle

Brigadier & Mrs Phelps C. Settlement

Carron Charitable Settlement

Cleary Foundation

Cottingham Charity Trust

Cranfield CT

DM CT

Eva Reckitt Trust Fund

Fitzmaurice Trust

Florence Turner Trust

Forest Hill CT

Francis Winham Foundation

Freemasons Grand Charity

H R Greene Settlement

Harford CT

James Wise CT

Jill Franklin Trust

Langdale Trust

Leslie & Lillian Manning Trust

MacCabe Family CT

Marsh Christian Trust

Marston C.T.

Matthews Wrightson CT

Maud Elkington CT

May Hearnshaw CT

Murphy Newman Trust

N&P Building Society

Newarke Masonic Lodge No 6794

Paget Trust

Prudential Small Donations Fund

R & J Gardner Trust

R S Brownless CT

RATAE Co-Operative Players

Reuben Foundation

RG Hills CT

Richard Burns CT

Rothschild Charities Committee

SC & MC Morland Trust

Sheffield & District Hospital Char. Fund

Sheila Whitley Trust

Sir Cliff Richard CT

Sir James Roll CT

SMB CT

Souter CT

Sovereign Healthcare CT

Stella Symons CT

The Ashendene Trust

The Camden Trust

The Carriejo CT

The Charles Littlewood Hill Trust

The Culra CT

The Cumber Family CT

The February Foundation

The Fifty Fund

The Hedley Foundation

The Helen-Jean Cope Charity

The Hoover Foundation

The Norman Ashton Foundation

The Pennycress Trust

The Phillips Family CT

The Really Useful Group

The Richard Cadbury CT

The Roger Vere Foundation

The Sir Robert Gooch CT

The Street Foundation

The Swire CT

The Vandervell Foundation

The Welland Masonic Lodge No 9556

Thomas Roberts Trust

Thomas Sivewright Trust

Vivienne & Sam Cohen CT

Wayneflete CT

White Oak CT
William & Christine Eynon Charity
WLS Charitable Fund

Woodroffe Benton Foundation

WPP 2005 Ltd

Yorkshire Building Society Charitable. Foundation

Risk Assessment

The Board receives a report from the CEO/Administrator each year addressing any perceived risk. The report for 2014 was presented to the Trustees on August 10th and approved by them. The report did not identify any serious risks to the charity either financial or physical. As covered in previous reports the cancer suffered by the Chief Executive/Administrator remains in remission likewise the plan adopted by the Trustees to deal with the situation should a recurrence occur remains in place.

Investment Policy

The Charity currently needs to continue building its small reserves in order to meet the targeted sum (see Reserves policy above). Currently the Reserves are held in an Account with Scottish Widows Bank plc; however it is the intention of The Trustee Board to continue to monitor whether this is the safest and most productive vehicle for its money especially given the current worldwide economic difficulties.

Independent Examiner's report on the accounts

Report to the trustees/ members of	The Respite Association		
On accounts for the year ended	December 31 st 2014	Charity no (if any)	1086598
Set out on pages	10 to 13 inclusive		
Respective responsibilities of trustees and examiner	 to follow the procedures Charity Commission (un 	nat an audit is not required for	or this year under section t an independent rities Act, rections given by the Charities Act), and
Basis of independent examiner's statement	My examination was carried Charity Commission. An examination was carried Charity Commission. An examination of the charity and a consideration and seeking explanations from the consequently no consequently	amination includes a review mparison of the accounts pre of any unusual items or dispersion the trustees concerning a cot provide all the evidence the prinion is given as to whether	of the accounting records esented with those records. sclosures in the accounts, any such matters. The hat would be required in an er the accounts present a
Independent examiner's statement	proper accounting red Act); andaccounts are prepare		any material respect, that: e with section 130 of the
4		on, attention should be drawn accounts to be reached.	n in order to enable a prope
Signed:	A- Mi	Da	te: 2 2ml Man 2015
Name:	ANNE KING		
Relevant professional qualification(s) or body (if any):	It is mappen of To	ixy (renrea)	7
Address:	Fell do ddevers		

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Give here brief details of any items that the examiner wishes to lisclose.						
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RECEIPTS AND PAYMENTS ACCOUNTS - STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR COMMENCING 1ST JANUARY 2014 and ENDING 31ST DECEMBER 2014

	2014 2013			
Notes	Unrestricted	Restricted	Total	Total
Incoming Resources				
Trust and Corporate Donations Donations from Individuals Bank Interest Events sponsorship - Lottery -	93,355 610 137 25	13,262 100 - -	106,617 710 137 25	98,622 849 328 516
Christmas Cards -	20	-	20	-
Total incoming resources	94,147	13,362	107,509	100,315
Resources Expended				
Direct charitable expenditure Charitable support costs	66,913	13,620	80,533	65,779
Other expenditure Independent examiner's fees	-			
Fundraising Administration	5,156 1,158	-	5,156 1,158	3,894 1,137
Office Rent/Heating/Lighting Subscriptions Insurance	1,450 909 245	•	1,450 909 245	1,000 744 239
Publicity/Video Training	3,464 200		3,464 200	406 100
Equipment/Computers Caravan Purchase/Equip	218 2,131	19,100	218 21,231	1,708
Total expenditure 2	81,844	32,720	114,564	75,007
Net movement in fund for the year	12,303	(19,358)	(7,055)	25,308
Total funds brought forward	74,627	26,306	100,933	75,625
Total funds carried forward	86,930	6,948	93,878	100,933

The notes on pages 12 and 13 form part of these accounts.

STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST DECEMBER 2014

	2014			2013
Notes	Unrestricted	Restricted	Total	Total
Fixed Assets				
3 Computers/2 printers/2 tablets 1&4 Office equipment & 2 Static Caravans	2,544	30,446	32,990	17,646
Current Assets				
Cash at bank - Current account	48,696	6,947	55,643	67,835
Deposit account	38,235	÷	38,235	33,098
Total Current Assets (in line with				
Receipts and payments account)	86,931	6,947	93,878	100,933
TOTAL ASSETS	89,475	37,393	126,868	118,579
Current liabilities				
Commitments to beneficiaries 3	5,759	931	6,690	5,319
Second Static Mobile Home - Purchase Fund Fund to cover replacement of both Static	-	•	-	21,000
Caravans after 10 years Net current assets	6,000	-	6,000	2,000
TOTAL ASSETS LESS CURRENT LIABILITIE	S 77,716	36,462	114,178	90,260
Capital	75,172	6,016	81,188	72,614

Approved by the Trustees on Sunday And signed on their behalf by.

Sunday March 15th 2015 John Turner MInstF (Dip)

Trustee & Hon. Chairman

The notes on pages 12 & 13 form part of these accounts.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2014

1 Accounting policies Basis of preparation of accounts

The Charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. The accounts are prepared on a Receipts and Payments Basis.

Income

Voluntary income and donations are accounted for as received by the Charity. No permanent endowments have been received in the period.

Value added tax

Value added tax is not recoverable by the Charity, and as such is included in the relevant costs in the Statement of Financial Activities.

Fixed assets/Depreciation

The Charity owns two computers and two laser printers, plus two tablets and some basic office equipment. It also owns two Static Caravans one based at the Richmond Holiday Centre in Skegness, Lincolnshire and the other sited at Newton Hall Holiday Centre in Staining near Blackpool. Computer/office equipment is depreciated over 3 years and the caravans over 10 years.

Office Rent

Office accommodation is provided at a greatly subsidised cost by The Holbeach St Marks Community Association. For security and privacy reasons mail is forwarded to the home address of our Administrator. The increase over the previous year is significantly due to a charge for heating and lighting which had been provided without charge in all previous years.

Fundraising/Publicity

The increases under these headings over the previous year are largely as a result of producing our Video which can now be used in a wide variety of situations in order to increase awareness about the availability of our services to Carers and to a lesser degree, to promote fundraising.

2 Expenditure

		2014 £	2013 £
	Staff Costs	25,476	20,292
	Direct Care Provision Funding	52,430	43,189
	Administration	1,158	1,137
	Telephone	694	670
	Postage & Stationery	1,933	1,628
	Subs	909	744
	Accountancy	-	-
	Fundraising	5,156	3,894
	Publicity	3,464	406
	Equipment Purchase	218	1,708
	Trustee/Staff Training	200	100
	Trustee Expenses	-	-
	Office Rent/Heating/Lighting	1,450	1,000
	Insurance	245	239
	Static Caravan Purchase	21,231	
		114,564	75,007
3	Current Liabilities		
a)	Commitments to beneficiaries (Respite Care agreed but not yet paid) and fund to replace caravans	12,690	7,319
b)	Purchase caravan		21,000
		12,690	28,319

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2014

4 Fixed Assets	UNRESTRICTED £	2014 RESTRICTED £	TOTAL £	2013 TOTAL £
Balance b/f as at 1.1.14	3,614	14,032	17,646	18,762
Additions in the year Computer/office equipment Caravan purchase	2,131	19,100	21,231	1,708
TOTAL	5,745	33,132	38,877	20,470
Less: Depreciation charge	1,070	2,686	3,756	2,824
Net book value 31 st December 2	2014 4,675	30,446	35,121	17,646

Note: Value of computers and tablets now nil. £35,121 is written down value of the two caravans Blackpool at £18,321 and Skegness at £16,800.

5 Staff Costs	2014	2013
Total staff costs	£27,476	£21,442
Average number of staff	2 x 30 hours per week	2 x 3/4 Time

6 Restricted Income

Restricted Income is income that is to be strictly used (at the donor(s) request) for the benefit of Carers who reside within specific geographical locations and sometimes in cases involving people within certain age categories e.g. elderly persons or children. Occasionally donors may sponsor a piece of equipment, part of the cost of our static caravans and their running costs or perhaps the printing of one of our information leaflets. In all such cases the monies are used solely for the purpose(s) the donor has specified.